

GREATEST RACE OF ALL TIME



REKORD ŠMARNE GORE



TEK NA ŠMARNO GORO

26. Šmarna gora Record

42. Šmarna gora Race

1. – 2. October 2021

26. ŠMARNNA GORA RECORD

Friday, 1. October 2021

Regulations (Dec. 2020)



Organizer: Running Club Šmarnogorska naveza

Venue, Date: Tacen, Friday, 1. October 2021 (Ljubljana, SLOVENIA)

Entries: please contact LOC, latest by 20. Sept.

The race is connected to the traditional Smarna gora Race, that will be held on Saturday. The organizer offers special arrangements to the international runners who will run both races.

Categories: junior, senior, masters1, masters2; women/men

Start: At the Šmarna gora foothill / Tacen

Start times:

- 16:50 WOMEN – all categories (juniors, seniors, masters)
- 17:00 MEN – all categories (juniors, seniors, masters)

Course: Start at the Smarna gora foothill / Tacen, finish on the Smarna gora summit, following the "Čez korenine" trail.

- Length/Ascent: 1,85km; + 360m
- The course will be signed and marshaled
- Course record - men: 10:59 – Filimon ABRAHAM (GER), 9.Oct.2020
- Course record - women: 13:18 - Mateja KOSOVELJ (SLO), 4.Feb.2006

Limit time: runners who will need more than 30 minutes to finish the race, will be signed as "DNF" in the results.

Luggage transport will be organized; runners need to leave their bags latest at 16:30 next to the start.

Refreshment station will be organized on the finish area.

Prizes, awards:

- all the runners will receive memorial gifts
- Top 3 in each category will receive medals and nice gifts
- Prizes for absolute ranking women/men
- Extra prize for new course record

Awards ceremony will be held at 18:15 on the Smarna gora summit

Contact: Boštjan Novak, 041 670-141, bostjan.nov@gmail.com



42. ŠMARNA GORA MOUNTAIN RUNNING RACE

WMRA ASSOCIATED RACE

REGULATIONS (Dec.2020)

ORGANIZER: Running club »Smarnogorska naveza« in co-operation with Athletic Federation of Slovenia – Mountain Running Committee, WMRA & WA and inn Ledinek, Smarna gora

DATE: SATURDAY, 2. OCTOBER 2021, start at 10:00 / 10:10

VENUE: Ljubljana; start in sport park Rocen, 10 km NW from Ljubljana; finish on the Smarna gora summit.

COURSES »C« and »D«: first 700 m asphalt, all the rest forest path.

CATEGORIES – COURSES – START TIMES:

	length	ascent	descent	categories
➤ Course »A«:	0,6 km*	80 m	/	kids 12-14
➤ Course »B«:	2,5 km*	245 m	30 m	kids 16
➤ Course »C«:	4,8 km*	405 m	50 m	juniors, masters 55+
➤ Course »D«:	10,0 km*	705 m	350 m	seniors, masters under55

Proge so v celoti označene v skladu s pravili AZS.

THE RIGHT TO COMPETE is not limited according to the propositions. Competitors are taking part on their own responsibility. With the signature everyone accepts those Regulations and general rules for organizing international Mountain running events including WMRA and WA antidoping policy.

ENTRIES: on line entries: www.prijavim.se up to Monday 27.Sept; **entry fee** 20€ (10€ for kids / U12, U14 and U16)
Later entries are not possible!

Entries for elite runners: no later than 20. Sept. 2021 by e-mail (Tomo Šarf)

ACCOMODATION for invited teams or individuals will be organized for those who will enter on time. There will be a pasta party for all invited athletes on Thursday evening. For the details and accommodation please contact LOC.

AWARD CEREMONY will take place on the Smarna gora summit at 12:30.

ORGANIZER WILL PROVIDE:

- memorial gift and a meal after the race for each competitor
- personal photo from the finish line – access via web site
- instruction booklet before and a booklet with results after the race
- transport of personal belongings from the start (Rocen) to the finish
- refreshment stations on the course and after the finish line
- medical service
- regularly updated web page with results on the day of the race
- announcement of results with prizes for absolute ranking on the course "D" and extra prizes for new course records men/women:

All the runners who will participate both races (Record on Friday and the Race on Saturday), will apply for special awards. The fastest women/men will receive special awards.

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